

#1 - TRUE OR FALSE? Emails do not produce CO₂ emissions. False!

Emails use energy because sending and storing them requires IT servers that run 24/7.

And anything that uses electricity produces CO₂ emissions.

#2 - TRUE OR FALSE? You can make your inbox eco-friendly. True!

1 email sent or stored = electrical energy used and therefore CO₂ emissions produced.

Emissions also increase depending on the size of any attachments.

Tips:

- Avoid using the “Reply to All” function whenever you can.
- Empty your “Spam” folder as often as possible.
- Delete any large emails from your archives.
- Optimize the size of your attachments (use PDF or compressed file formats).
- Use a download link instead of sending attachments.

#3 - TRUE OR FALSE? Online videos produce CO₂ emissions. True!

Online videos account for a very large proportion of the world’s data flows. They use a lot of electricity and therefore produce a lot of CO₂ emissions.

Tips:

- Always choose the best video definition for your screen.
- Disable the automatic playback option.
- Download music you want to listen to instead of playing the video clip.

#4 - TRUE OR FALSE? Web searches do not produce CO₂ emissions.

False!

The more pages you browse, the more energy you consume and the more CO₂ emissions you produce.

Did you know, for example, that going straight to the website you want helps reduce greenhouse gas emissions?

Tips:

- Use your web browsing history more often.
- Use precise key words to generate fewer search engine queries.